

Registration and Membership

Membership

Family Membership	Covers 2 adults and 2 children (plus \$5 per person for insurance)
Senior Member	This also applies to one parent
Cadet (14 –18 years)	
Nipper (5-13 years)	

Registration fees must be **paid prior to** any child can participate in any Nippers' activities. This covers a fee to SLSA, insurance, awards, equipment, age-group caps and a regular newsletter.

New Members

Simply come to the club around 1pm on Saturdays to ensure that you have plenty of time to see our membership officers upstairs. You will be required to complete a Registration Form or a waiver form for each of our Come 'N Try sessions. Once you and your child decide to join as a member, you are required to complete a SLSA registration form, pay fees online and then you will be supplied a member number. On line payments can be made at the club, as we provide internet access to our secure payment system at:-

https://pnpnet.qvalent.com/OnlinePaymentServlet?cd_community=SLSA&cd_currency=AUD

NB: The clubs registration officers are there to assist with all the details.

Existing Members

Your forms will be pre-printed and waiting for you at the club. Simply check your details are current and make payment. Please then bring your printed fees payment receipt to the registrar.

How can parents attain their Bronze Medallion?

Port Elliot offers training for the Bronze Medallion course to anyone interested over the summer season. As well as receiving training in how to save lives, parents who sit their Bronze Medallion can participate in the club's Beach Patrols in addition to providing 'water cover' for the Nippers on a roster.

After getting a minimum number of hours of service, you will even be able to compete in Surf Carnivals in the Seniors and Masters categories across Australia! Bronze Medallion holders, and those training for their Bronze, also have the use of the clubs gym and craft (ie boards, skis).

Should you wish to complete your Bronze Medallion or Surf Rescue Certificate, please contact the Junior Manager or the Club Captain.

Family Membership

For families with Nippers in U9 - U14 age groups, we encourage at least one parent to join as well, to be involved in the club and your child's activities, and to ensure that you are covered by insurance in case of injury. Consider a 'Family Membership' - it is great value, and the whole family can use the facilities.

NB Membership is mandatory for a number of roles at the club for insurance reasons.

Police checks

Parents or any adult involved in any way with a group of juniors will need to have a current Police Check done and which needs to be renewed every 3 years. This ensures that your children will be in a safe environment. The process is very simple, just collect and complete the National Police Check form available from the club upstairs on Saturdays and take it into your local police station with personal identification. Forms can also be downloaded at <http://www.sapolice.sa.gov.au>

The Uniform shop

All club merchandise is available for purchase upstairs at the Surf Life saving Clubrooms, which is open on Saturdays from 1pm. Available from the shop are Club bathers, brimmed hats, bucket hats, t-shirts, rash vests, windcheaters, hoodies, etc.—all at very reasonable prices. NB: Club bathers are required for Carnivals but other bathers are ok for training.



Surf Carnivals

From Under 9's and upwards, all registered and proficient Nippers are invited to represent Port Elliot at a series of four or five carnivals, leading up to the State Championships at the end of the season. Carnival participation enables the skills that are developed on Saturdays to be utilized in a fun and competitive environment.

Carnivals are usually held on Sundays from 8.30 am. While carnivals are optional, most Nippers find them to be a fun part of their surf life saving experience. They are also a great social atmosphere for parents and families. State Titles are held over two days of one weekend.

If your child is interested in competing in the Surf Carnivals, please see the separate handout for more information about Surf Carnivals or ask any of our wonderful Nipper Committee members.

Parent Involvement

The PESLSC Junior Division is organised and run by volunteers - parents and senior/cadet club members. **Parent help is essential for running an effective and efficient Junior Division. The main qualification required is a willingness to help! Please speak to any one of the leaders – it could be the best thing you ever do!** New parents are encouraged to become involved and to enjoy the company of other parents whilst helping their own children. We are sure that the PESLSC will benefit from your efforts as a member or parent. We trust that you will have a great deal of fun and learn much about Surf life saving along the way - that is the way many of us have become involved in the first place.

Parents will be approached to help with the BBQ or Raffle on Saturdays and put their name down on the roster to help out during the season. You will only need to help do this once, so please don't run the other way if asked!

Some ways you can help are;

- * Assist Age Group Leaders in running your child's session
- * Help cook the BBQ when your child's Age Group is rostered on
- * Sell tickets for our weekly raffle
- * Help pack up equipment at the end of the day
- * Help act as age group managers or officials at carnivals

Water Safety

The club is required to have a minimum of one Bronze Medallion holder in the water for every five Nippers. This is additional to the club's normal beach patrol. Age Group Managers ask parents to help by gaining their Bronze Medallion and participating in "Nipper Patrol". Nipper patrols run from 1.30pm to 3 pm on Saturdays, and also required for board training sessions on Thursday nights from November through until March.

PORT ELLIOT SLSA



Nipper
Program
Information



Contact Details

Port Elliot Surf Life Saving Club
Horseshoe Bay
Port Elliot SA 5212

peslsc01@bigpond.net.au

Nipper Coordinator:- PENNY SMITH 85542521 or 0426828120

Club Captain:- Hamish Macmillan

Welcome

The Junior Division of the PESLSC would like to extend a warm welcome to all new members and their families. We would also like to welcome existing members to a new season of surf life saving.

Our Junior Division (Nippers and Cadets), emphasises the provision of enjoyable activities which encourage children to develop beach and water skills as well as an understanding of beach safety.

Core Values of Port Elliot Surf Lifesaving Junior Division:

- **Inclusion**
- **Sportsmanship**
- **Participation**
- **Integrity**
- **Fun**
- **Competency**
- **Teamwork**
- **Equality**



Get Fit and Have Fun!

Very few things typify the Australian culture of “having a go” more than surf life saving. Children and families come together to have fun, make new friends, learn to live healthy and active lives and give back to their community. The skills children develop may also help them to one day save a life!

This brochure provides some of the initial key information for parents, including

- * Our open come and try days
- * What will your child do at Nippers?
- * Uniforms
- * Surf Carnivals
- * Parents Involvement
- * Bronze Medallion Qualifications for parents
- * Key contacts down at the club
- * Registration process and Membership Fees
- *

“Come & Try” days

Children from Under 7’s to Under 14 are invited to Come & Try Nippers at the PESLSC before making the commitment to join. Please contact the club for this years dates.

If your child would like to come along, the process is really quite easy! Just arrive at the Port Elliot Surf Life Saving Club at Horseshoe Bay at about 1pm and head upstairs, where you will be able to complete the necessary Waiver Forms, signed by both parent and child. Then you will hand these to your age Group Manager on the beach at the start of Nippers.

Saturdays

Nipper Session: Saturday 1.30-3.00pm.

The program commences on the 1st weekend in November and finishes early March. Each Nippers’ session will usually include general announcements and information, roll call, and life saving skills such as resuscitation, sun safety, first aid, surf awareness, swimming practice, body surfing, board activities and award training.

Each week an Age group will be responsible for setting up of equipment for the days activities. This encourages the children to become more familiar with the club facilities and to encourage teamwork. If your age group is rostered for the week please attend your designated area at 1.15pm.

Pack up is to be completed by 3.30pm. The kids always enjoy staying for the sausage sizzle after. Parents are encouraged to catch up with friends, meet other parents and enjoy a drink at the bar and on the balcony upstairs. A casual dress code applies. (No bare feet or wet clothing - including wetsuits)

PARENTS (and children) PLEASE NOTE:

- * Please introduce yourself to your child’s leader and **deliver & pick-up** your child from his/her leader.
- * **No responsibility** is taken for children outside of session times.
- * **Parents are required to remain in the area during Nippers’ sessions in case of emergencies.**
- * Leaders’ duty-of-care is ONLY from 1.30 – 3pm during Nippers’ sessions and from 11.00am – 12.00pm for those participating in Carnival Training.
- * Safety is paramount. Children will be withdrawn from the beach if they jeopardise the safety of themselves or others. This includes bad behaviour. Nippers leaders are not school teachers!
- * Any child with asthma who requires a 2nd treatment during a Nippers’ session will be unable to participate in any more activities for the remainder of that session.
- * You may use the toilets and changing facilities provided in the club rooms.
- * Club property, including boards, must only be used during Nipper sessions. Children are **not permitted** to use equipment before or after Nipper sessions.
- * All children **must** wear age-group caps, sun-safe hats, and a long-sleeved shirt or rash vest on the beach **at all times** to help leaders identify the children for whom they are responsible. Whilst not compulsory, club rash vests are available from the uniform shop.
- * The “No hat, no play” policy applies!
- * Jetty jumping is not advisable and is prohibited during training and whilst children are wearing any club apparel.

Age Groups

To be able to register for Nippers, children must be **at least 5 years old and no older than 13 years as of 30th September**. The age group that your child will be in is also calculated as their age on this date. So if your child is 11 at midnight on Saturday 30, they will be in the Under 12’s.

e.g. John turned 9 on the 28th August – John is therefore registered as an Under 10.

Emma turned 9 on the 2nd October - Emma is therefore registered as an Under 9.

We are **not** swimming trainers. Swimming training/stroke correction is better suited to still water conditions, We do encourage parents to organise basic swimming skills for their children **before** they are registered for Nippers. We do encourage water confidence and we aim to have Juniors who are safe and confident in the water, who enjoy the sea, and who feel encouraged to become our future lifesavers.

Finding your age group on the beach

On Saturdays the children will meet their age group Managers on the lawns in front of the clubhouse and assist with the carrying of equipment, such as boards, to the beach. If you are running late, Age Groups are displayed on the beach in two ways—the colour of the caps and the age group flags.



On arrival at the club, it is expected that registered Nippers will all be wearing their cap. Following a role call by the Age Manager. **The cap signifies that the child is under the supervision of the Age Managers and the club.** At the end of the season, names are marked off and caps are returned to the age group manager. (Those new to Come ‘N Try do not need a cap.)

Age Group Managers

Usually parents themselves. Age Group Managers are appointed by the club and have done the required Age Manager training.

The Tiny Tot’s Program

Our Under 7’s program is provided to give children an introduction to life saving through fun activities and games *which run from 1.30pm to 3.00pm*. Importantly, there is no deep water work and the kids love the games that involve parents.

Please note that those children participating in our Tiny Tot program (5-7yrs) are required to have a parent participate and assist on the beach at all times.

One parent must also join the club as a member. Registration forms and Public Screening Check forms are available at the club and we also ask that parents introduce themselves to the Age Group Manager.

What will your child do at Nippers?

The syllabus followed is the Surf Ed system as set out in the Surf Education Kit supplied by the Surf Life Saving Association.

All children are required to pass a preliminary evaluation to determine water competency– this involves a survival float and a swim ranging from 25 metres for 7 year-olds up to 200 metres for 13 year-olds. (Children wishing to compete in carnivals must also complete some further requirements – see Carnival booklet.)

The Nipper Program aims to teach children surf awareness, surf skills, lifesaving skills, competitive and team work skills, as they progress through the age groups from Under 7 to Under 14.

Activities Include:

- * Surf Safety
- * Surf Swimming
- * Running
- * Flags
- * Wading
- * March Past
- * Board Paddling
- * Rescue and Resuscitation



Certificates

Successful completion of each level of Surf Ed entitles children to a certificate.

Children in the Under 13 Age Group will sit for their Resuscitation Certification. The Resuscitation Certificate does require extra work, Under 14’s sit for their Surf Rescue Certification and involves considerable work (First Aid, signals, resuscitation, swimming, board rescues, radio work, beach and life saving knowledge). Those passing the latter certificate are then able to go on patrol under the supervision of a Bronze holder. They will be required to purchase a Surf Life Saving Manual (the “blue book”) and to attend extended training sessions.

Other Activities during the Nipper Season

- * Nipperthons for Champion Lifesavers Awards.
- * Club swim at 4pm – a fun swim open to Nippers and parents
- * Xmas pageants
- * Xmas party special day
- * Presentation Day
- * Discos

What to bring to the beach

At PESLSC, we adopt a **SunSmart** policy. Children should bring the following items (*all clearly labeled with their name*):-

- * **All Nippers need to have sunscreen applied preferably 30 minutes before the session.** This is the responsibility of the parents.
- * **Wide Brimmed Hat** Sun-safe hats must be worn. (Broad-brimmed hats may be purchased from the Uniform Shop)
- * **Club Long-sleeved shirt or rashy** These can be purchased from the Club, or a plain yellow shirt/rash vest may be worn. For sun protection, all shirts/vests must have long sleeves.
- * **Club Bathers:** Purchase from the Uniform Shop but not essential unless competing in carnivals.
- * **Wetsuits:** Children may wear a wetsuit for water activities.
- * **Thongs/ Shoes** in case children are walking to Lady Bay
- * **Water Bottle**
- * **Towel**

And we encourage you to also bring:

- * Most children prefer **goggles** for swimming
- * Warm top (windcheater) - particularly if it’s a cold day